



Burma Children
Medical Fund
Health for All

2024

ANNUAL REPORT





Burma Children
Medical Fund
Health for All

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ACRONYMS & ABBREVIATIONS

BCMF	Burma Children Medical Fund
CDF	Child's Dream Foundation
CBO	Community based organisation
C-section	Caesarean section
ECHO	Echocardiogram
HFA	Health for all
IDP	Internally displaced person
NGO	Non-governmental organisation
ICRC	International Committee of the Red Cross
MI	Malteser International Thailand
MTC	Mae Tao Clinic

BURMA CHILDREN MEDICAL FUND

BCMF is a non-profit organisation that facilitates access to surgical care for children and adults residing in Burma and Thailand. Established in 2006, BCMF supports medical costs of treatment, necessary diagnostic tests, and other social support services. BCMF also builds the capacity and improves access to medical care in vulnerable communities through several health-related outreach projects.

Mission

Improve lives of vulnerable communities in Burma and Thailand by facilitating access to healthcare and human rights.

Vision

For all people to have access to quality healthcare regardless of age, race, ethnicity, gender, political or religious affiliation.

LETTER FROM THE FOUNDER & DIRECTOR

Dear friends and partners,

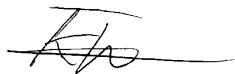
2024 has been another challenging year that our team has tackled head-on. While the war intensified in Burma, Mae Sot and surrounding border areas of Thailand and Burma saw an increase in refugees and displaced people fleeing the junta's airstrikes and its forced conscription. As Burma faces a worsening humanitarian crisis, NGOs, charities and community groups worked to help those in need - nearly half the country's population now live below the national poverty line.

Working with our partners to identify and to give support where it was most needed, BCMF reached **132,381** people from vulnerable communities in Burma, Thailand and on the border of India. This was only made possible by expanding our projects to reach those in need, and from our continued partnerships, such as with Kasemrad Prachachuen Hospital, Save Blue Heart Foundation and Mae Sot General Hospital, that allowed us to provide access to heart surgery for **77** heart patients in Bangkok alone.

Additionally, with the expansion of our wheelchair project to Phetchaburi, Nakhon Ratchasima, Ranong and Sa Kaeo provinces we were able to help Thai and migrant children from vulnerable communities. The approval of BCMF's registration in Thailand in late 2024, operating under the name of Health for All Foundation, allows BCMF to expand its operations in Thailand while gaining access to critical funding from grants and donors.

I would like to thank our donors, partners, friends, staff, interns and volunteers for their continued dedication to supporting BCMF's mission. With your continued support, we can reach and help more people from vulnerable communities in 2025.

Sincerely,



Kanchana Thornton



HEALTHCARE IN BURMA

In 2024, Burma's civil war intensified, worsening the humanitarian crisis. As Ethnic Armed Organizations and allied forces have made territorial gains, the Burmese military has retaliated with increased violence, including attacks on healthcare centres and workers.

Nearly half of Burma's population now live below the poverty line, according to a report by the United Nations Development Programme released in 2024, with another 27% considered financially insecure.¹ With more than 3.5 million people internally displaced by the end of 2024 and more than 20 million in need of humanitarian assistance, the nationwide demand for aid surged, further straining healthcare, food, and shelter resources.²

Efforts to meet the growing demand for health care were complicated by the military's deliberate targeting of hospitals and clinics, resulting in 308 attacks on healthcare centres, including 131 facilities damaged and 55 health workers injured, kidnapped, or killed.³ The situation was exacerbated by severe shortages of medications and essential medical supplies and decreasing number of trained doctors, while travel limitations, inaccessible routes to medical facilities, and the seizure of medications by authorities further restricted access to healthcare. A forced conscription law passed by the Burmese military in February further depleted human resources as tens of thousands of working-age adults fled into the jungles and abroad.⁴

As a result of these challenges, 12.1 million people needed health assistance,⁵ including landmine victims, as landmine incidents reached the highest level in a decade.⁶ Additionally, in September, Super Typhoon Yagi destroyed homes, infrastructure, and farmland, affecting 1 million people across 110 townships.⁷ These emergencies, along with bureaucratic restrictions and security

3.5 MILLION

IDPs
in December 2024
(OCHA, 2024)

49.7%

living below the national poverty line
in Burma (UNDP, 2024)

308

incidents of violence or obstruction
of healthcare in Burma in 2024
(Insecurity Insight, 2025)



and financial concerns, made treatment even more difficult to access. Public hospitals operated with reduced capacity, while private hospitals became unaffordable due to inflation and the continued depreciation of the Burmese kyat, leading to an average of 16% of household spending going toward healthcare⁸ and many opting for self-medication.

NGOs, Ethnic Health Organisations, and hospitals run by former government healthcare staff attempted to fill the healthcare gap but lacked sufficient resources to meet growing demands. As healthcare workers increasingly come under attack and the healthcare gap continues to grow, BCMF will continue to strive towards access to the highest possible quality of healthcare for everyone.

Sources :

- 1 UNDP, 2024. (Poverty and the Household Economy of Myanmar: A Disappearing Middle Class)
- 2 UN OCHA, 2024. (Myanmar Humanitarian Update No. 43)
- 3 Insecurity Insight, 2024. (Myanmar: Violence Against Health Care in Conflict)
- 4 UN OHCR, 2025 (Myanmar: Four years on, coup leaders ramp up violations to unprecedented levels, UN finds)
- 5 UN OCHA 2024. (Humanitarian Needs and Response Plan: Myanmar)
- 6 UN OCHA 2024. (Humanitarian Needs and Response Plan: Myanmar)
- 7 World Bank, 2024. (Myanmar September 2024 Typhoon Yagi Floods: Flood Extent Note January 2025)
- 8 UNDP, 2024. (Poverty and the Household Economy of Myanmar: A Disappearing Middle Class)

HEALTHCARE FOR MIGRANTS IN THAILAND

An estimated 1.3 million Burmese nationals entered Thailand in 2024, with a 28% increase in long-term entries compared with 2023, 44% of whom have no documentation.¹ Burmese migrants in Thailand face significant health challenges, as well as additional barriers such as restricted access to public services and high costs for private and public care. While most migrant workers are eligible to access health insurance through two government schemes through their employers, in reality, many workers are excluded due to ineligibility as temporary workers, working within an excluded field of work or without documents, or lack of employer compliance. While some NGOs, community groups and social enterprises offer support, like the Migrant Fund, which provides a low cost health insurance for migrants who are either undocumented or cannot access health care due to discrimination, these are still unaffordable for some and do not cover all health care related costs.

An estimated 27% of migrant households had no access to formal health insurance in 2024, with 48% of newly arrived migrant households from Burma in 2024 reporting no health insurance.² This is in stark contrast to Thai nationals, where in 2023, 99% were covered by a health insurance scheme.³ Furthermore, 30% of migrants identified health as a top reason they needed to borrow money.⁴ Many also face discrimination when they try to access health care, with the most common barriers being language, cost, and distance, followed by the fear of arrest when undocumented and discrimination.

BCMF works with community-based organisations and non-governmental organisations to help fill this need on the Thai-Burma border. With the ongoing conflict in Burma resulting in an increasing number of migrants in Thailand, BCMF expects to see an increase in patients requiring support with their surgery and other healthcare needs.

Sources :

- ¹ IOM, 2025. (Overview of Myanmar Nationals in Thailand)
- ² Ibid.
- ³ IOM, 202. (Thailand Migration Report 2024)
- ⁴ IOM, 2025. (Overview of Myanmar Nationals in Thailand)



DAW YU



Daw Yu is a 47-year-old woman who lives with her family in an IDP camp in Karenni State, Burma. While returning to the camp amid ongoing armed conflict around the camp in March 2023, their car was struck in a mortar explosion, leaving Daw Yu with severe injuries and a fracture to her right lower leg. She received treatment in Burma, before undergoing a number of surgeries in Chiang Mai with the help of the International Committee of the Red Cross (ICRC). When she was told, she would need to receive an external fixator to help her leg heal properly in April 2024, ICRC informed her that

they could no longer support her treatment. Luckily, a partner organisation referred her to BCMF, and she received the external fixator on 14 May 2024. She returned multiple times for follow-up appointments in 2024 but was told that her bone is healing very slowly and that she will still need the external fixator for a while.

Although her leg has not fully healed and she still needs crutches, Daw Yu no longer experiences pain in her right leg. “My leg has improved a lot after the surgery [to insert the external fixator], and the wound is healing. Thank you so much to BCMF and the donors for helping with my treatment,” she said.

PRACHAB



Prachab is a 49-year-old man who lives with his son in Prachuap Khiri Khan Province, Thailand. Around 2014, Prachab noticed a growth on the outer edges of both of his eyes which slowly spread and covered the white part of his eyes and extend onto his corneas. Three years later, he also developed blurred and double vision in his left eye, as well as night vision problems. He was diagnosed with pterygium at his local hospital but was told he did not need surgery yet. Later when the vision in his right eye also blurred, he did seek treatment as he had recently moved to his current location and

had not changed his address yet – a process burdened by bureaucracy but required to seek free treatment in his current location.

Luckily, when his son received a free wheelchair from BCMF, BCMF also agreed to help support the cost of his treatment. He then received surgery at an eye clinic to remove the pterygium from his left eye in 2024. He is now able to see far with that eye, and he is able to read and drive. "From the bottom of my heart, I want to say thank you to the donors who have helped me. This surgery has helped change my life for the better and [the treatment] will help me support my family better," he said.

J



J is a four-year-old boy who lives with his parents in Tak Province, Thailand. In December 2023, J developed a fever and received an echocardiogram (ECHO) at a clinic. He was diagnosed with a congenital heart condition called Atrial Septal Defect and his parents were told he would need surgery. Unable to pay for his treatment, his parents were told to bring him to Mae Tao Clinic in Mae Sot, Thailand, from where he was referred to Mae Sot Hospital for another ECHO during a free ECHO screening July 2024 held by paediatric cardiologist from Kasemrad Prachachuen Hospital from the Save Blue Heart Foundation. After the ECHO

confirmed his diagnosis and need for surgery, he was referred to BCMF and underwent heart surgery at Kasemrad Prachachuen Hospital on 18 September 2024.

Since his surgery, J no longer experiences a rapid heartbeat or difficulty breathing. He is now more active and gaining weight. "I feel very happy that my son's surgery was successful and that he has recovered. I am deeply thankful to all the donors and the BCMF organisation for supporting his treatment. Without their help, we could not have afforded the treatment nor the travel to Bangkok," said J's mother.

NAW KAY



Naw Kay is a 23-year-old mother of one who lives in a refugee camp with her family of eight. On 15 April 2023, Naw Kay gave birth through a Caesarian section (C-section) in Mae Sariang Hospital due to mild pre-eclampsia and her son's head not fitting through the opening of her pelvis. Naw Kay found out that she was pregnant again in January 2024, and since she had previously given birth via a C-section, medics told her she would need to do so again. Knowing that she could not afford to pay for the procedure, Malteser International staff, who run the clinic in the refugee camp, referred her to BCMF for financial support.

Naw Kay gave birth via a C-section to a healthy baby boy on 2 October 2024, and she also underwent sterilisation as requested previously because she did not want to give birth through a C-section again. "Thank you so much for taking care of us and helping me with this surgery. It's really appreciated," she said.

Referral Services Program

Under BCMF's referral services program, underserved patients are referred to partner hospitals in Thailand and Burma. BCMF supports the cost of treatment and major diagnostic tests, in addition to providing other wraparound services.

Since its establishment in 2006, BCMF has supported the cost of **4,474** patients' advanced medical care. While some patients received surgery in Burma, inflation and rising costs has forced BCMF to refer more patients to Thai Hospitals. To make healthcare more accessible, BCMF works with partner general hospitals in Tak Province and Mae Hong Son Province in Thailand, helping more migrants, refugees and IDPs from Burma access necessary care. Patients requiring complex treatment are referred to Maharaj Nakorn Chiang Mai Hospital while patients requiring heart surgery are referred to Kasemrad Prachachuen Hospital. To support patients throughout their treatment journey, BCMF organises transportation on the BCMF Patient Van to the BCMF-B.K. Kee Patient House in Chiang Mai and to the BCMF Bangkok Patient House.

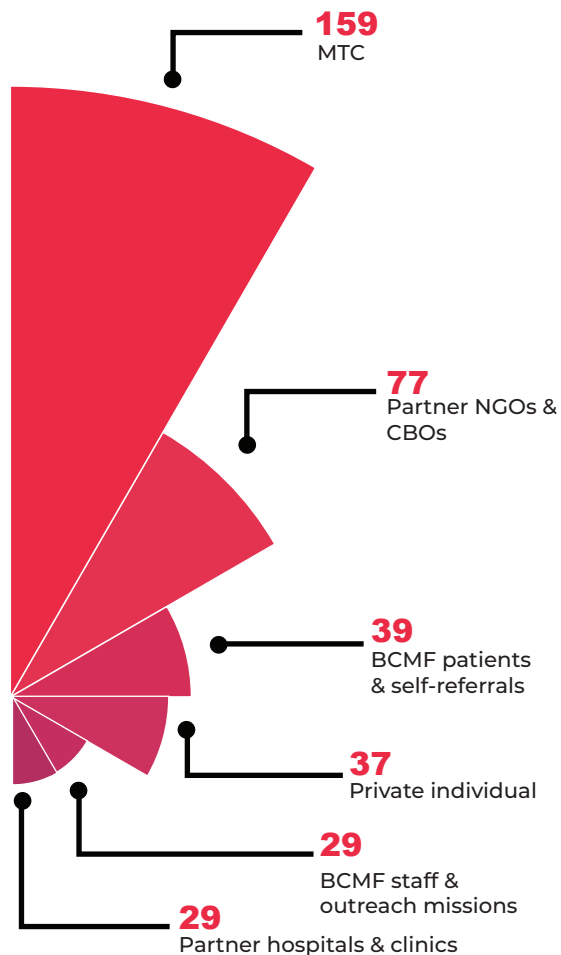
Since 2023, BCMF facilitates free echocardiogram screenings at Mae Sot Hospital two to three times a year, in collaboration with Mae Sot General Hospital, Queen Sirikit National Institute of Child Health, Save Blue Heart Foundation and Child's Dream Foundation. In 2024, **2** free echocardiogram screenings took place, during which a total of **184** Thai and Burmese patients were screened and **87** were identified as needing surgery. The patients supported by BCMF and Child's Dream Foundation were referred to Kasemrad Prachachuen Hospital, Maharaj Nakorn Chiang Mai Hospital, and Mae Sot Hospital for surgery.

To help identify patients requiring cardiac care, BCMF held **2** echocardiogram outreach missions in IDP camps in 2024. A total of **51** children four years old and under were screened. From those screened, **2** were referred to Mae Sot Hospital for heart conditions and **1** already received heart surgery. Additionally, **2** children requiring surgery for tonsillitis were identified and both received surgery with the help of BCMF soon after. BCMF also performed an ultrasound on **2** pregnant women receiving antenatal care in an IDP camp clinic without an ultrasound machine.

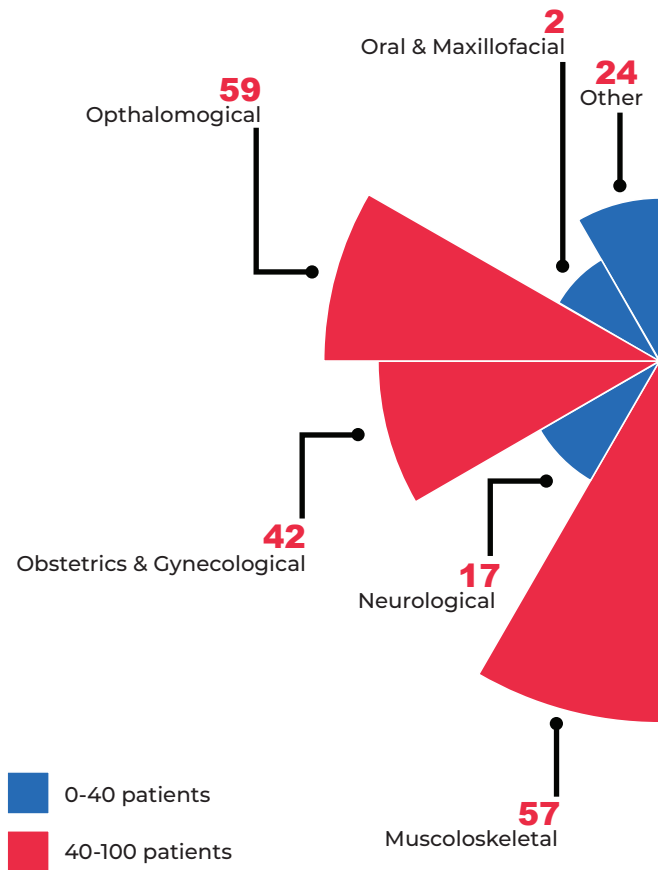




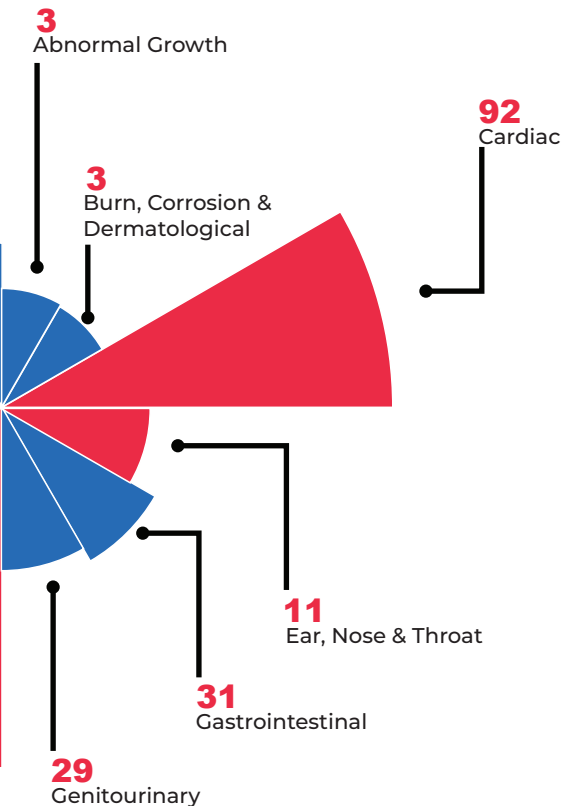
Health
www.hfam



**PATIENTS REFERRED BY
PARTNER ORGANISATIONS**



ENROLLED PATIENTS BY CONDITION



18,000 USD

Average cost
of heart
surgery in
Burma

149 USD

Average
monthly
household
income of all
our patients

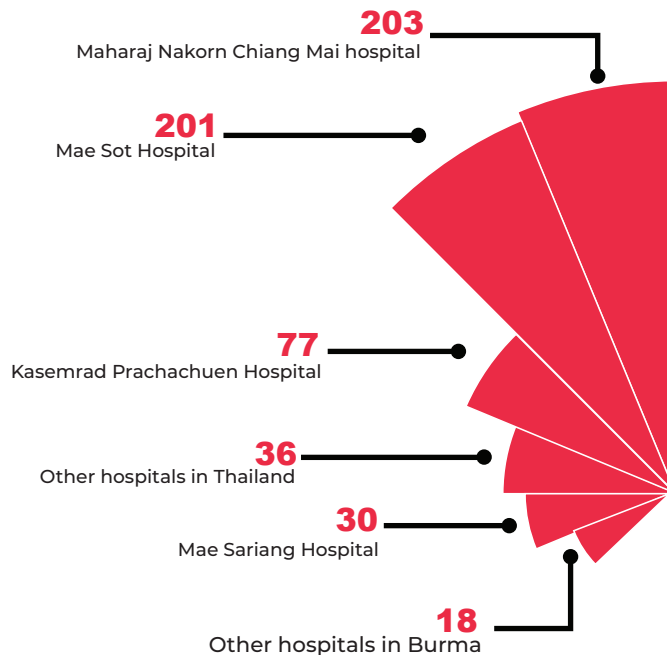
58%

Patients' monthly
household income
was not enough
for their daily needs

1,400 USD

Average patient
treatment cost

NUMBER OF PATIENTS TREATED BY TREATMENT CENTER



51%

Enrolled patients reside
in Thailand

20

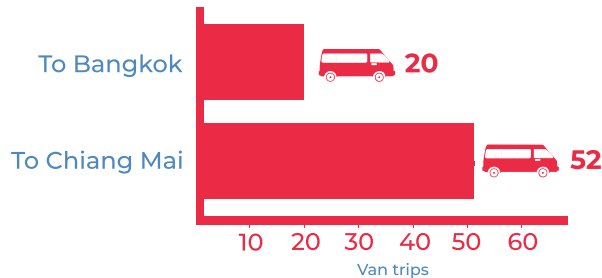
Enrolled patients reside
in an IDP camp
in Burma

BCMF PATIENT VAN

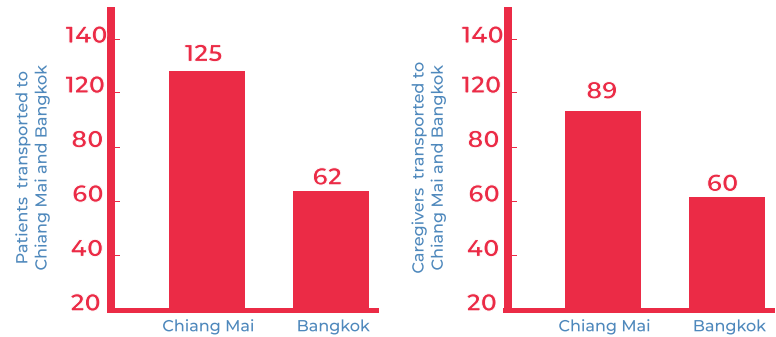
Patients who require treatment for complex medical conditions that cannot be performed at other partner hospitals in Thailand and Burma, are referred to either Maharaj Nakorn Chiang Mai Hospital in Chiang Mai or Kasemrad Prachachuen Hospital in Bangkok. Many patients face difficulties arranging transportation to these two hospitals due to a lack of legal documentation, financial difficulties and/or fear of travel to large cities when they do not speak Thai or have never travelled there. In response to this, BCMF arranges a number of van trips to and from both cities every week, to safely transport patients and caregivers to both hospitals, with most patients transported to Chiang Mai making the trip multiple times in a year for their appointments. BCMF also works closely with Child's Dream Foundation (CDF), transporting patients' whose surgery is funded by them to CDF's safe house in Chiang Mai.



Van Trips (2024)



Patients and caregivers transported to Chiang Mai and Bangkok



540 patients & caregivers

Transported to Chiang Mai & Bangkok



37 patients & 37 caregivers transferred to CDF's safe house

■ most patients & caregivers travel multiple times in a year to Chiang Mai for appointments

BCMF BANGKOK PATIENT HOUSE

In 2023, in close cooperation with the CDF, BCMF established the Bangkok Patient House. The patient house is run by a staff and offers safe accommodation for patients requiring cardiac surgery at Kasemrad Prachachuen Hospital and in some cases at Queen Sirikit National Institute of Child Health. Most of these patients are screened during a free echocardiogram screening held two to three times a year at Mae Sot Hospital. The screenings are organised by BCMF in collaboration with Mae Sot Hospital, Queen Sirikit National Institute of Child Health, Save Blue Heart Foundation and Child's Dream Foundation.

While most patients and caregivers arrive on the BCMF Patient Van, **18** patients and **18** caregivers were brought to the patient house by partners. BCMF also provided accommodation and facilitated access to treatment for **2** Thai children with heart conditions. Additionally, the patient house staff helped **2** patients at the hospital whose surgery was not funded by BCMF and who were not housed at the patient house.



77
PATIENTS



74
CAREGIVERS

MIN

"It was good and made it cheaper for us as we bought everything and cooked together. If we had to purchase everything individually it would have been expensive."

- Mother of 8-year-old Min with congenital heart disease

ZIN

"The staff at the patient house take care of the patients very well and the fridge is full of food and meat for the patients."

- 27-year-old Zin with rheumatic heart disease

MYO

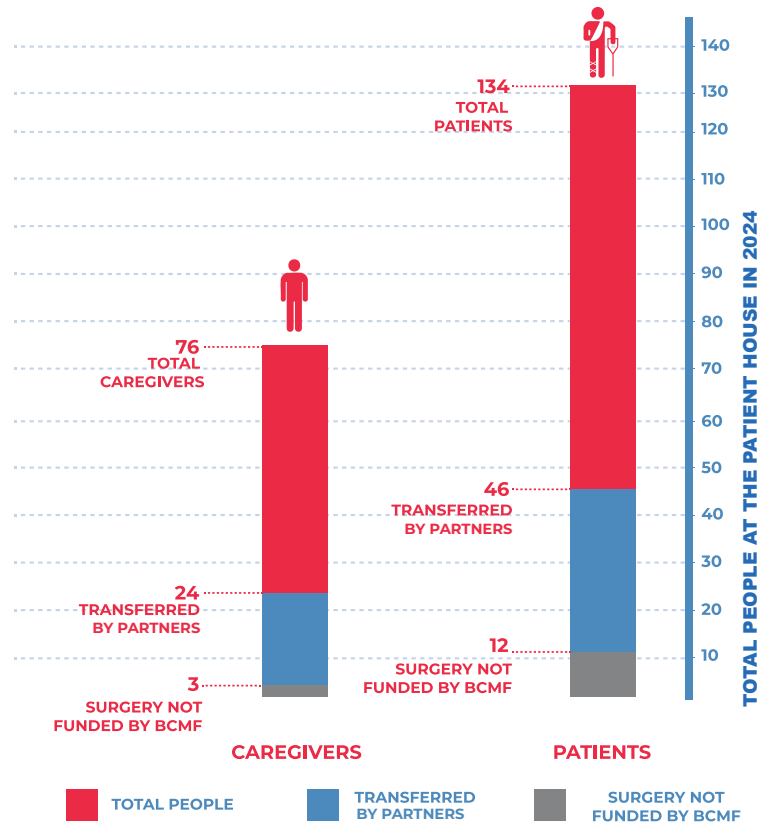
"I felt like we were all part of a family, and the accommodation was comfortable. We all cooked together, helping and taking care of each other."

- 43-year-old Myo with rheumatic heart disease

BCMF-B.K. KEE PATIENT HOUSE

BCMF patients requiring treatment for complex medical conditions at Maharaj Nakorn Chiang Mai Hospital are housed at the BCMF-B.K. Kee Patient House in Chiang Mai. Established in 2013, the patient house is run by staff who live on site and offer wraparound services to patients and caregivers, accompanying them to their appointments at the hospital. The staff also assist other patients from partner organisations and local charity groups that transfer patients directly to hospitals in Chiang Mai and do not require accommodation at the patient house, helping **10** such patients in 2024.

On average, patients and their caregivers stay at the patient house for three months at a time. Occasionally, patients and their caregivers need to stay longer than six months for long-term treatment or because of difficulty travelling to return for follow-up appointments, with some patients remaining there for up to a year. Everyone is encouraged to cook, eat, and clean together, alongside staff and interns, in addition to helping with gardening and participating in workshops or activities organised by volunteers and interns.



WIN



"There was always enough good food. The staff always looked after us and helped us. I really enjoyed when the foreigners [Chiang Mai International Rotary Club members] came and brought snacks and played games with us. Before my surgery I also really enjoyed playing cane ball with the others."

- 32-year-old Win with kidney stones

ROI



"It felt like my own home. The house and yard are spacious and comfortable."

- 48-year-old Roi with pituitary macroadenoma

MAR



"Although I did not bring a caregiver, the other caregivers and BCMF staff took good care of me. We cooked together and I had no difficulties with my stay."

- 57-year-old Mar with retinal detachment

LINN



"It felt like home during our stay at the patient house. Other patients and caregivers cook the meals together and they helped each other."

- Father of 10-year-old Linn with lymphangioma

GIVING BACK PROGRAM

Since 2018, patients and caregivers can learn how to sew from BCMF staff or build on their existing skills during their stay at the BCMF-B.K. Kee Patient House. Items sewn by patients and their caregivers are then donated to BCMF beneficiaries through BCMF's outreach program. Fabric is donated by Tel-Dan and upcycled second-hand clothing is donated by Free Bird Cafe.

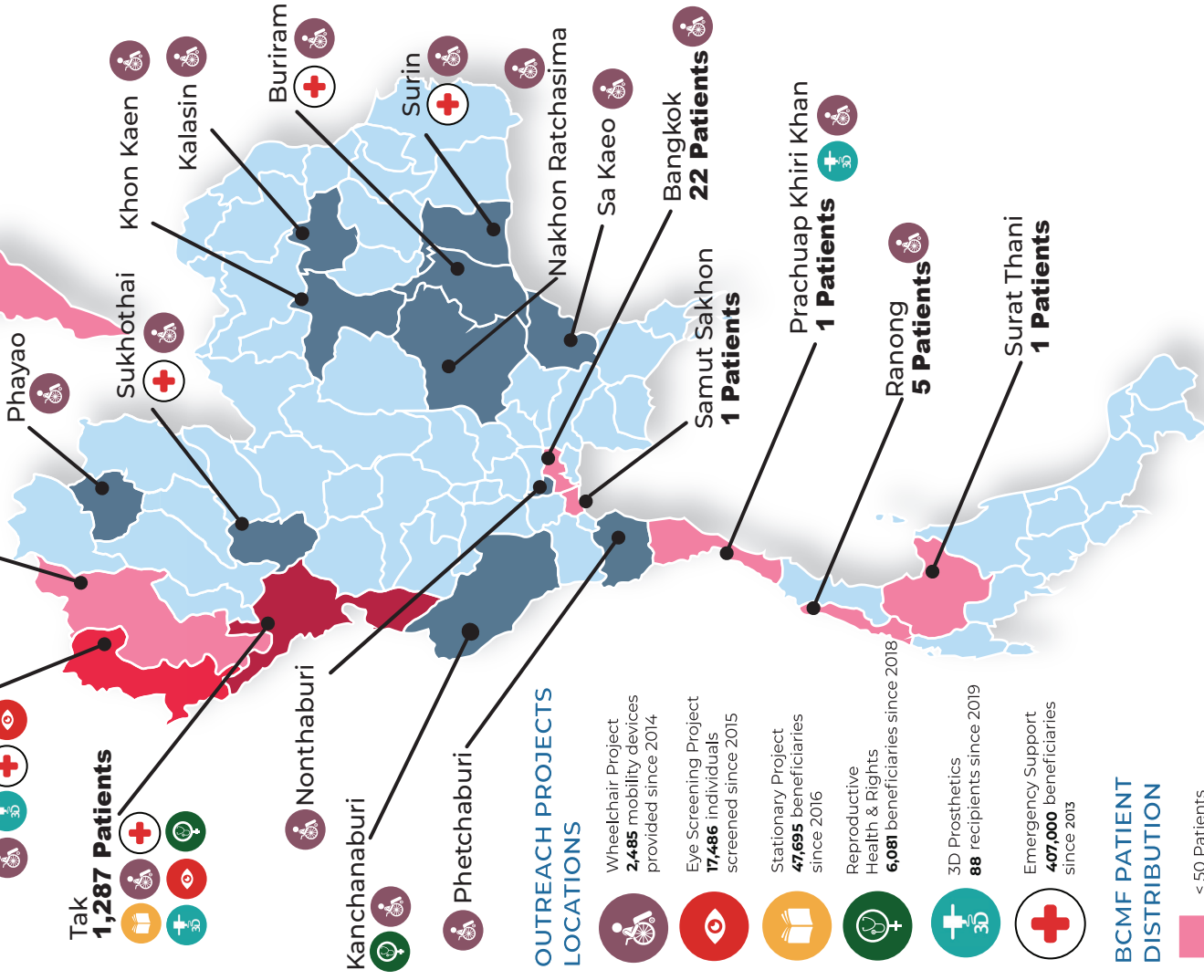
In 2024, patients, caregivers and staff sewed a total of **224** blankets, **604** pillows, **165** towels, **4** water tank covers and **250** menstrual hygiene kit bags. These were distributed to internally displaced people, Burmese military soldiers who defected and dormitory students in jungle schools in Karen State, Burma.





Referral Services Patients &







OUTREACH SERVICES PROGRAM



EMERGENCY SUPPORT

Launched in 2013, the Emergency Support Project provides medical supplies and medication to remote and/or underfunded clinics in Burma, in addition to food, non-food, water, infrastructure and building support to internally displaced persons and communities in Burma, as well as to refugee and underserved communities in Thailand.

In 2024, BCMF's Emergency Support program operated in **143** locations over **20** townships and **8** districts in Burma, Thailand, and Mizoram State in India. This included support provided to clinics, hospitals, schools, IDP camps, refugee camps, villages, dormitories, patient houses, and partner

SUPPORTED LOCATION TYPES BY COUNTRY				TOTAL BENEFICIARIES BY TYPES	
BURMA		THAILAND			
Clinic	18	School	25	Hospital staff	200
School	11	Individual	6	IDPs	1,700
Hospital	12	Hospital	3	Individual	100
IDP	22	Church	1	Migrants	2,000
Village	9	Refugee camp	5	Patients	4,000
Medic team	13	Partner	9	PWDs	1,000
		Village	2	Pregnancy	50
		Police station	2	Refugees	5,000
		Patient house	5	Police	50
		Dormitory	1	Students	6,500
INDIA				Teachers	100
Partner	1			Villagers	30,000

organizations. New donors Community Partner International and NPO Greater Mekong Center, allowed BCMF to reach more people in need, while also providing baby bags to children five and under in 2024, that included formula milk or soy milk, mosquito nets and baby wraps amongst other items.

TOTAL BENEFICIARIES BY COUNTRY

Thailand	10,000
Burma	50,000
India	6,000

DAW NAING



"This is the first time we've received non-food support since we arrived here in Thailand, and I sincerely appreciate it. Mosquito nets are essential during the rainy season, allowing us to protect ourselves from malaria. Thank you very much for offering this valuable assistance. We hope for continued support in the future. I also wish for peace in Burma so that I may return to my home village."

"I am sincerely grateful for all the support our family has received. Milk powder, diapers, mosquito nets, hygiene kits, and clothing you provided have been a great help to us during these challenging times. Your kindness has made our lives easier and brought hope and comfort to my family when we needed it most. Thank you from the bottom of my heart."



MA EI

WHEELCHAIR

Since 2014, BCMF has provided mobility aids to children and adults with mobility impairments in Burma and Thailand. Wheelchairs are donated by Wheelchair for Kids in Australia, Rajanagarindra Institute of Child Development in Thailand, and Free Wheelchair Mission in the USA. Recipients are measured and fitted for their wheelchairs, while BCMF also runs workshops to train partners to properly fit recipients with wheelchairs on their own.

In 2024, BCMF received **340** wheelchairs from Wheelchairs for Kids in Australia, the first shipment to arrive in Thailand since early 2020, before the COVID-19 pandemic. In addition to this, BCMF held its first Wheelchair Service Provider Basic Level Training for **13** participants, including all BCMF staff who provide wheelchairs to recipients. This comprehensive four-day training aimed to enhance the skills and knowledge of participants ensuring the success of BCMF's Wheelchair Project through effective wheelchair services. The **2** staff who held the training became certified trainers of basic wheelchair service by the International Society of Wheelchair Professionals.

5

Trainings

18

Distributions

5

Donations

40

Community
members trained

291

Mobility devices distributed

95

Mobility devices
fitted by trained partners



"We had to carry her everywhere because she cannot walk and we cannot afford to purchase a wheelchair. Thanks to this wheelchair, you have decreased our burden so that we can take better care of." - Son of 63-year-old Yin with meningitis



"We could not afford to buy him a wheelchair, and he could not be left unsupervised. Everything will be easier for us and him now with this wheelchair. His grandmother will no longer have to carry him, and she will be able to do chores while he sits in his wheelchair" - Aunt of 4-year-old Yel with cerebral palsy.



EYE SCREENING

Since 2015, BCMF has provided free vision screenings to disadvantaged communities in Burma and Thailand. These efforts support migrant, refugee, internally displaced person and Thai communities, where access to vision care is faced with several barriers including financial, lack of caregivers, legal documentation to travel, and the absence of ophthalmologists outside of major cities. Trained staff conduct vision tests, screen for common conditions such as cataracts and pterygium and provide free eyeglasses when needed. Patients requiring surgery are referred to partner clinics and hospitals with BCMF's support and recipients requiring special cylindrical lenses receive eyeglasses from an optical shop with BCMF's help.

15

Missions

2,010

Eyeglasses given

3,827

People screened

46

Got surgery

116

Need surgery



"When my vision worsened again, I never told my parents because I knew they couldn't afford to purchase me a new pair. Now I can read the whiteboard and study without difficulty."
-17-year-old Yel Lin, a student

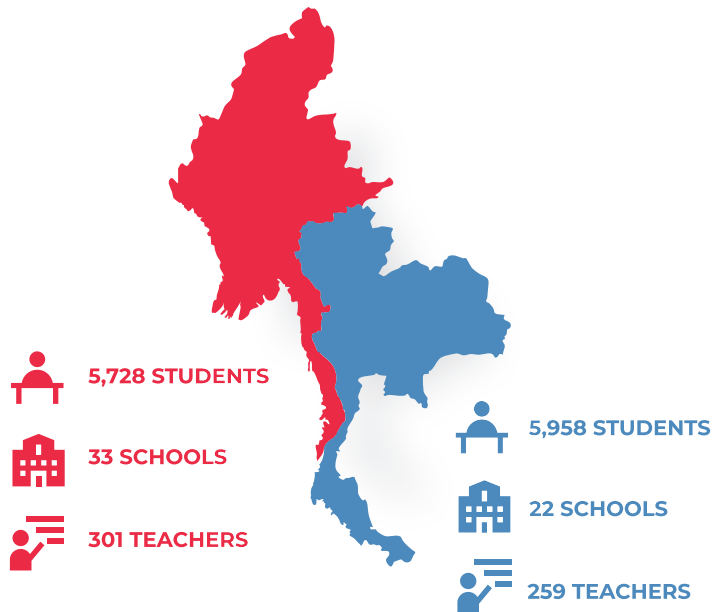


"I had blurry vision in my left eye since 2023, but I couldn't go to the clinic [in Burma] due to armed conflict. After I fled here [to Thailand], your organisation checked my eyes, and I was told that I have cataract. Now that I received surgery [with BCMF's help], I can see very well, and my eye no longer waters or itches."
- 71-year-old Daw Ohn, a homemaker



STATIONERY

Since 2016, BCMF has received requests for stationery and teaching materials from remote schools in Burma and migrant learning centres along the Thai-Burma border. Schools in Burma receive minimal support from their local government and face difficulty receiving support from students' parents who are either subsistence farmers, low-income earners and/or affected by the conflict in Burma. Meanwhile, in Thailand, most migrant workers struggle to cover all school related expenses for their children. In addition to this, many migrant learning centres have seen a large influx of students from Burma since 2023, as they flee conflict, forced conscription and unsafe school environments.



DENGUE PREVENTION & HEALTH LITERACY

Every year since 2014, BCMF distributes mosquito nets and dengue prevention posters to migrant schools and communities along the Thai-Burma border, as well as to schools in remote areas of Karen State, Burma. These are usually distributed at the same time as stationery supplies to schools and coincide with the rainy season, when each year sees a significant increase in mosquito-borne illnesses.

563

Mats and
mosquito nets

361

Dengue and
COVID-19 posters

30,869

Total beneficiaries

17

Thai Schools

35

Migrant &
refugee schools

27

Schools in Burma

“The books are very expensive for the parents to buy for their children but because of this donation, they won't have to purchase them [this year],”
– migrant father of a student



REPRODUCTIVE HEALTH & RIGHTS

In most of Burma and within migrant communities in Thailand, talking about the reproductive system is still considered largely taboo. Although this topic is covered partially in some school curriculums, information provided is vague and lacking. In response to this, BCMF launched the Reproductive Health and Rights (RHR) Project in 2018.

Workshops are held in disadvantaged communities in Burma and Thailand, both with male and female participants. Workshops for female participants include the topic of menstrual hygiene as well as the use and maintenance of reusable and disposable sanitary pad kits.

After the workshop, female participants receive reusable menstrual hygiene kits that include **2** pairs of underwear, soap and detergent as well as either reusable pads or **2** packs of disposable sanitary pads, while male hygiene kits include a towel and soap. BCMF also offers participants a choice between reusable menstrual hygiene kits or a menstrual cup, in addition to distributing disposable pads to people displaced due to conflict or disaster.

360

Reusable menstrual
hygiene kits
distributed

6

Workshops

237

Disposable
menstrual hygiene kits
distributed

385

Participants

18,160

Implants distributed
to partner clinics

24

Male
hygiene kits



"I never learned about reproductive health in school or at home, but I occasionally talked with my friends about safe sex. Today I learned a lot. Now I know how to take care of my future wife when she has her period or is pregnant. I will share what I learned with my friends because I think it is important."

- 23-year-old Adam



"I'm committed to educating my three sons about sexual health and menstruation, breaking the cycle of shame and silence I experienced while growing up. I teach my sons about menstruation, and I send them to buy pads for me so that they know that it is normal and not something to be ashamed of."

- 44-year-old Mae



3D PROSTHETICS

Launched in June 2019, the 3D Prosthetics Project has focused on providing free and functional upper limb prosthetics to underserved communities, particularly child and adult refugees and migrants along the Thai-Burma border. The project has since expanded and significantly enhanced access to personalized prosthetics, orthotics, assistive devices, and modified wheelchairs using 3D printed parts to improve mobility, independence, and overall quality of life for beneficiaries.

BCMF's ongoing collaboration with Queen's University in Canada has not only contributed to improving prosthetic designs but has brought BCMF's work to a wider audience through the publication of a research paper on a prosthetic arm designed by Queen's University interns and BCMF staff, in addition to one intern presenting about BCMF at the Canadian Conference on Global Health in Vancouver, Canada in 2024.

23

Fitted with orthotics

12

Fitted with prosthetics

1

Fitted with assistive devices

12

Modified wheelchairs
using 3D printed parts

126

Items printed for
BCMF outreach projects



"It is beautiful. With this new arm I feel confident. It will support me with the tasks that I could not do before, like lifting things or helping with the cooking."

- 14-year-old amputee Soe



"I outgrew my old [donated] wheelchair and my family could not afford to purchase a new one for me. Now I am so happy with my new wheelchair. I like that it has a tray because I can eat and study on it," - 14-year-old Thel with cerebral palsy



"After receiving the AFOs, Zarni can walk well, and I no longer need to carry her. I am very happy and thankful to all donors and BCMF."

- Mother of 2-year-old Zarni with clubfeet

INTERNSHIP TRAINING PROGRAM

In 2016, BCMF established the internship training program, which aims to provide staff of partner organisations with experience and allow them to develop their skills in the health sector. Additionally, the program provides them with information on the provision of health services and referral pathways in Burma and Thailand. Since 2018, BCMF also accepts interns from migrant schools and refugee camps who are planning to work in healthcare organisations or further their studies in a health-related field.

During their internship, BCMF provides training in administration, computer literacy, human resources and BCMF operations, primarily patient referrals. Interns in Thailand also gain hands-on experience at the BCMF-B.K. Kee Patient House and within Thai hospitals, in addition to participating in outreach projects.

46

Interns
hosted since 2016

6

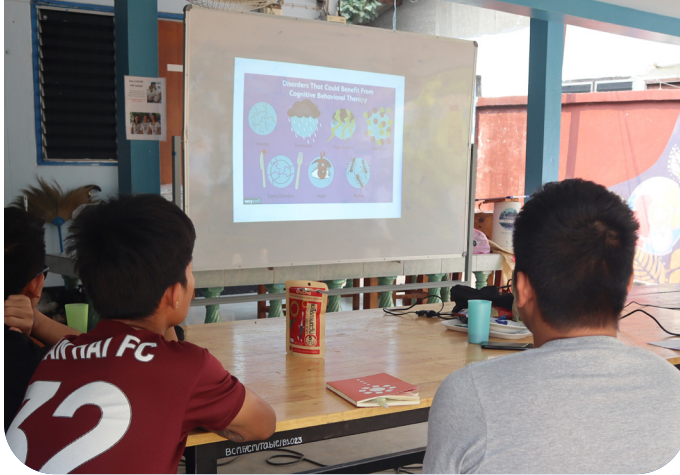
Interns
hosted in 2024

2024 INTERNS

Naw Htee Moo Shee
Moses Kyaw
Nan Mya Wut Mone
Nan Theigi Zar Aung
Saw Lo Taw Htoo
Saw Mayl Doh



REHABILITATION SERVICES



To support recipients fitted with 3D printed prosthetics and orthotics, wheelchairs, or patients who would benefit from physiotherapy, BCMF provides rehabilitation services by a rehabilitation clinician since January 2023. 3D recipients and patients are taught individual exercises to complete at home and 3D prosthetic recipients also receive a poster demonstrating different exercises taught to them, to help them complete the exercises at home. Meanwhile, wheelchair users and their caregivers are shown videos, uploaded to BCMF's YouTube channel, on proper wheelchair use to prevent sores and injuries. In 2024, BCMF held a rehabilitation training for staff at the BCMF-B.K. Kee Patient House in Chaing Mai with a total of **10** trainees from BCMF and partner organisations. The training covered general rehabilitation exercises as well as care for patients with fractures, amputations and spinal cord injuries. This training helped ensure that proper care was provided at both the BCMF-B.K. Kee Patient House and at partners' patient houses.

For cardiac patients receiving surgery in Bangkok, BCMF provided pre and post-operative cardiac education. This includes information on the diagnosis, explanation of surgical risks, medications reviews before surgery and counselling on proper medication use post-surgery. In 2024, BCMF updated its cardiac booklet, which was given to BCMF cardiac patients and caregivers. To reinforce information provided to cardiac patients and caregivers, a cardiac education and rehabilitation video was also developed in 2024.





HFA FOUNDATION

In late 2023, BCMF embarked on a mission to register in Thailand under the name of Health for All Foundation (HFA). This was in response to an increasing need to provide access to health care for disadvantaged communities in Thailand. Completing the registration process in late 2024, HFA provides access to health care in Thailand through two programs that will fully launch in 2025 – the Referral Services Program and the Outreach Services Program.

Under the Referral Services Program, HFA will support the cost of surgical treatment and major diagnostic tests of child and adult patients in Thailand from underserved communities, in addition to providing wraparound services such as help navigating the Thai healthcare system. Under the Outreach Services Program, HFA will run several projects in underserved communities of Thailand, providing access to eyeglasses, wheelchairs, 3D printed prosthetics, orthotics and assistive devices, stationery supplies, emergency support including medical supplies, medication, and natural disaster support, and reproductive health and rights workshops.

In December 2024, HFA held **1** wheelchair fitting and training mission at a special education school in Ranong Province, providing **12** students with custom fitted wheelchairs and training **9** staff to properly fit wheelchairs. During the mission, HFA also helped **4** students access vision tests and supported the cost of **3** students' eyeglasses. HFA also provided emergency support to **8** locations within Chiang Mai, Tak and Mae Hong Son provinces. A total of **3,290** people benefitted from this support including beneficiaries in migrant schools, refugee camps and a patient house between November and December 2024.



HEALTH FOR ALL UPDATE

Despite ongoing conflict and logistical challenges, Health for All (HFA) continued to run projects in Burma. In 2024, HFA supported **18** patients in receiving surgical procedures and diagnostic investigations through transportation and medication costs, at various hospitals in Burma. Amongst all patients, **1** patient was referred to BCMF for advanced treatment in Thailand. All patients received their intended treatments successfully with assistance from HFA.

For outreach missions, HFA completed **2** wheelchair distributions and **2** wheelchair training and fitting missions in Yangon Division, in collaboration with partner organisation. A total of **16** community members were trained to properly fit a wheelchair and **66** individuals with a mobility impairment received a custom fitted wheelchair. Majority of the recipients were under the age of **10**. Moreover, HFA Burma Project Officer attended a Basic Wheelchair Service Training conducted by BCMF in January 2024.

HFA conducted **2** eye screening missions in Karen State, and **1** in Shan State, Burma, where **702** people were screened, **690** eyeglasses were distributed, and **27** individuals needing surgery were referred to BCMF. HFA also organized **3** Reproductive Health and Rights workshops at **2** IDP camps in Karen State, and **1** at a monastery in Yangon, reaching a total of **234** female participants. **178** disposable sanitary pad kits, **60** reusable sanitary pad kits, and **1** menstrual cup were given to.

In the upcoming year, with an increasing number of people affected by the conflict and resulting economic hardships, HFA plans to expand multiple projects in Burma.



"I am happy to see Su's fast recovery from the heart surgery that was supported by you. Now, Su can play and grow like other children."

- Mother of 4-year-old Su with a congenital heart disease



"I no longer feel stressed about paying for treatment, my leg is healing well and I can walk again. I am now able to do household chores and look after my son. I am very thankful to the organisation who has supported me."

- 60-year-old Zi Mar with cellulitis



"With these eyeglasses, I can see people's faces, phone numbers [on my phone], and the path clearly when I walk. I couldn't see the eye of the needle before when I tried to thread it to sew my torn clothes, but now I can. Thank you for coming to this village and thank you to the donors who provided this pair of eyeglasses. You all have made my life easier."

- 49-year-old Nyunt with farsightedness



"I am glad that my surgery was successful and now I can breathe and live well. I can continue to live my life that you gave back to me. I pray for everyone in the organisation and the donors who saved my life."

- 43-year-old Min with rheumatic heart disease



"We could not afford to purchase Thuta Ko a wheelchair in the past, so we had to carry him everywhere. As he grew, it became harder to carry him. With his new wheelchair, we will be able to bring him outside and bring him to school. Thank you so much to the donors for this wheelchair."

- Mother of 3-year-old Thuta Ko with cerebral palsy



"I used to worry about him growing up with this deformity [club foot]. But now I am happy to see him walking normally again."

- Mother of 10-year-old Aung with recurrent congenital clubfoot

IN MEMORIAM

Our patients and their families overcome many obstacles to receive treatment. For some, it proves too late. These patients and their families showed immense courage and resilience in the face of adversity, and we respectfully remember and acknowledge them.



Hnin Yee Lin Lett



Ma Shwe Mya



May Paw



Naung Yin



Saw Jerry Aye



Chan Pyae Wati



Htet Htet Zaw

DONORS & SUPPORTERS

BCMF is fortunate to have a significant donor base to support our work. Without their support, helping our beneficiaries would not be possible. We would like to thank every individual and organisation that helped us make a difference in the lives of our beneficiaries, families, and communities.

Aussi Fun-d-Raisers,
Australia

**Child's Dream
Foundation,**
Thailand

Free Wheelchair Mission
United States of America

B.K Kee Foundation,
United States of America

**China California
Heart Watch,**
United States of America

Friendship nr 4 Lodge,
Luxembourg

**B and Brothers
Company Limited,**
Thailand

DAK Foundation,
Australia

Gift of Life D7490,
United States of America

BNHA,
Thailand

**Days for Girls
Australia**

**Herman Cornelis
Oberhuysen,**
Thailand

**Brodbeck Philanthropy
Foundation,**
Switzerland

Fiona's Eye Fund,
Scotland

Jeannie Newman,
Australia

**Chiang Mai
International Rotary Club,**
Thailand

Free Bird Cafe,
Thailand

**Kasemrad
Prachachuen Hospital,**
Thailand

Luff Foundation, Australia	Pat Weir, Canada	Serpanya Foundation, Thailand	Yaxa Mosquito Netting, Thailand
Malteser International, Germany	Queen's University, Canada	Sharing Hope, Australia	Watsi, United States of America
Mobility Worldwide, United States of America	Rajanagarindra Institute of Child Development, Thailand	Stark Production, Australia	We Love Kaw Lah Foundation, Thailand
Monk Chavalit, Thailand	Red Rocketship, Australia	Suwannimit Foundation, Thailand	Wheelchair for Kids, Australia
More Than Hope Foundation, United States of America	Rotary Australia World Community Service	Tel-Dan, Thailand	Women With A Mission, Thailand
NPO Greater Mekong Center, Japan	Rotary Club of Bangkok South, Thailand	Trinity International Mission, United States of America	Yvonne Ziegler, Australia

PROJECT PARTNERS

In order to expand our reach and make sure we are connected to those in need, we partner with health centres, community organisations and non-profits in both Thailand and Burma.

**Arr Man Thit
Disability Team**
- Shwe Pyi Thar
Township, Burma

CENMG Korat,
Thailand

Health For All,
Burma

**International Rescue
Committee,**
Thailand

**B and Brothers
Company Limited,**
Thailand

**Child's Dream
Foundation,**
Thailand

**Health for All
Foundation,**
Thailand

**Kachin Women's
Association,**
Thailand

Baan Dek Foundation,
Thailand

Daughter Rising,
Thailand

Healthilife Foundation,
Thailand

Karenaid,
United Kingdom

**Back Pack Health
Worker Team,**
Thailand

**Eden Centre for
Disabled Children,**
Burma

**Hpa-An Orthopaedic
Rehabilitation Centre,**
Burma

**Karen Department of
Health and Welfare,**
Burma

**Border Health
Development Foundation,**
Thailand

Free Burma Rangers,
Burma

**Humanity and
Inclusion,**
Burma

**Karen Peace
Social Network,**
Thailand

**Burma Medical
Association,**
Thailand

Golden Future,
Burma

**International
Committee
of the Red Cross,**
Thailand

Karen Thai Associate,
Thailand

Partners in Myanmar					
Karen Unity Hope Network, Thailand	Lakher Social Welfare Foundation, India	Mae Sot Hospital, Thailand	Nam Phong Hospital, Thailand	Partners Relief and Development, United States of America	Rise Foundation Asia, Thailand
Karenni Mobile Health Committee, Burma	Life Impact International, Thailand	Mae Tao Clinic, Thailand	Nay Pyi Taw Union Territory Association of Persons with Disabilities, Burma	Pediatric Cardiac Surgery Foundation, Thailand	RICD Wheelchair Project, Thailand
Kasemrad Prachachuen Hospital, Thailand	Lydia Team, Burma	Malteser International, Thailand	New Humanity Myanmar Group, Burma	People's Goal, Thailand	Safe Child Thailand
Kler Mu Clinic, Burma	Maekasa Grace Church, Thailand	Maharat Nakhon Ratchasima Hospital, Thailand	Nway Oo Myittar Yone Kyi Yar Patient House, Thailand	Phop Phra Hospital, Thailand	Save Blue Heart Foundation, Thailand
Korea-Mae Sot Cooperation Center, Republic of Korea	Mae Sariang Hospital, Thailand	Mongkolkeeree Family, Thailand	Operation Smile Thailand	Queen's University, Canada	Shan Health Department, Burma
Kyaung Gyi Parahita Monastery, Burma	Mae Sot Adventist Community Center, Thailand	Myanmar Pioneer Mission, Burma	Oriche Physical Rehabilitation Clinic, Burma	Regional Special Education Center 11 Nakhon Ratchasima, Thailand	SAW Foundation, Thailand

**School for Education
of Blind Children with
Multiple Disabilities,
Thailand**

**Special Education Center
Ranong Province,
Thailand**

**Sub Moei Hospital,
Thailand**

**Tha Song
Yang Hospital,
Thailand**

**Shan Women's
Action Network,
Burma**

**Special Education Center
Sa Kaeo Province,
Thailand**

**Sunshine Care Center,
Thailand**

**The Borderland
Health Foundation,
Australia**

**U Mi Hta Clinic,
Burma**

**Shoklo Malaria
Research Unit,
Thailand**

**Special Education
Center Tak Province -
Mae Sot Branch,
Thailand**

**Suwannimit
Foundation,
Thailand**

**The Highland Quality
of Life Development
Association,
Thailand**

**Umphang Hospital,
Thailand**

**Shwe Pyithar
Disability Group,
Burma**

**Star Flower Center,
Thailand**

**Tak Highland People
Development Center,
Thailand**

**The Hospitality-Cater-
ing Training Centre,
Thailand**

**Women's Organization
of Political Prisoners,
Thailand**

**Sirinthorn Hospital,
Khon Kaen Province,
Thailand**

**Stepping Stones
Therapy Project,
Thailand**

**Teacher Focus,
Thailand**

**The Migrant Fund,
Thailand**

**Yangon
Medical Network,
Burma**

**Special Education
Center Phetchaburi
Province - Cha-am
District Service Unit,
Thailand**

**Special Education Center
Prachuap Khiri Khan
Province: Hua Hin
Service Unit,
Thailand**

**Thai Reach,
Thailand**

**Thoo Mwee Khee
Migrant Learning
Center,
Thailand**

Project Partners

VOLUNTEERS & INTERNS

BCMF wants to thank all of our volunteers and interns who have dedicated their time and skills to help BCMF flourish. During their time with BCMF, they enrich patient interviews, staff knowledge, project execution and much more. Their enthusiasm and diverse backgrounds are an asset, supporting BCMF staff.

AMY BUSE (GERMANY)

CHAN MYAE KHIN (BURMA)

EDGAR WIENHAUSEN (GERMANY)

EMESE ELKIND (CANADA)

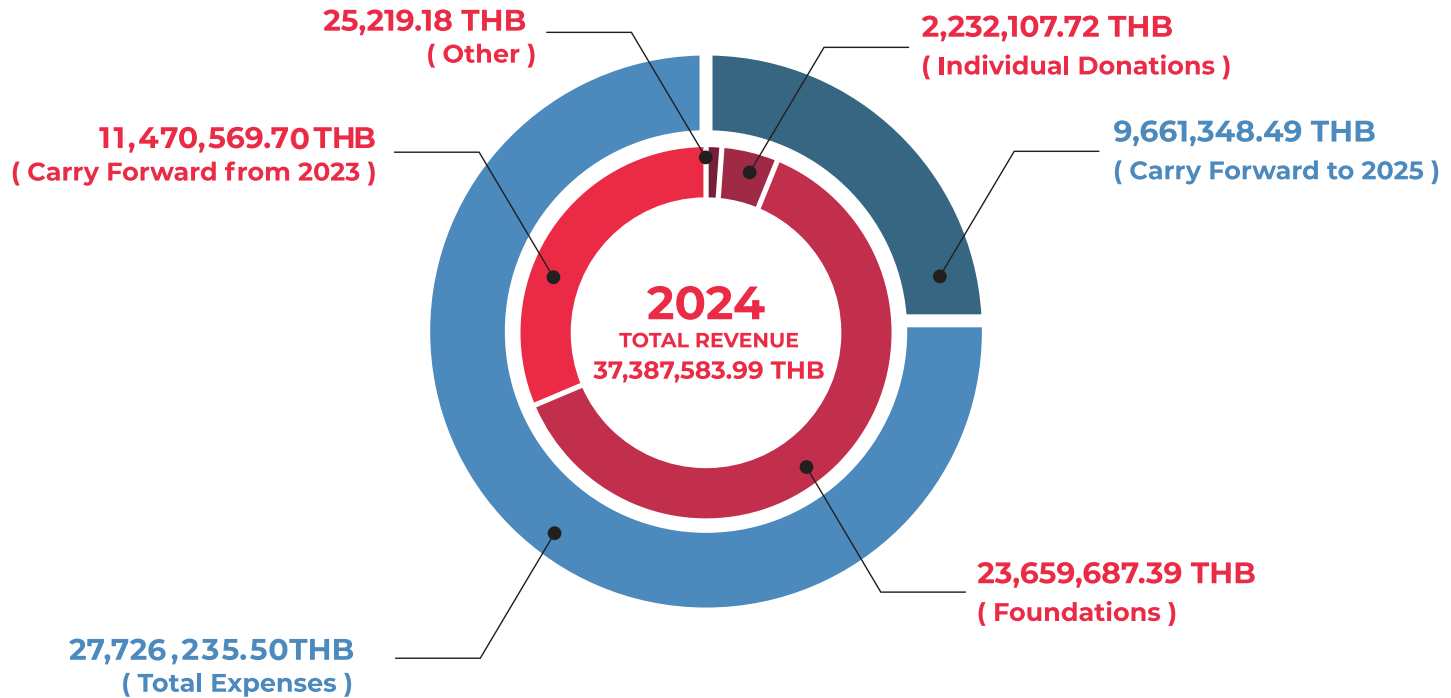
GRACE PHELAN (AUSTRALIA)

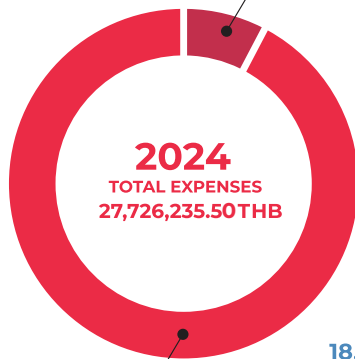
NAN THIRI WIN (BURMA)

SHAWN PIGNON (CANADA)



FINANCIAL REPORT

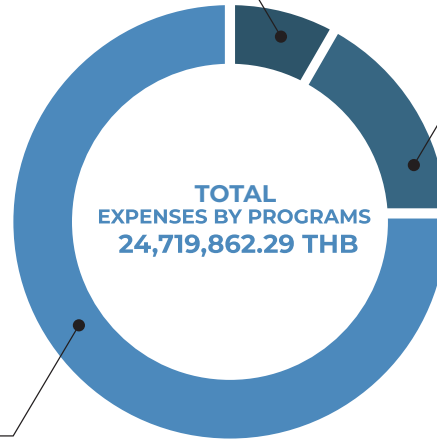




24,719,862.29 THB
(Programs)

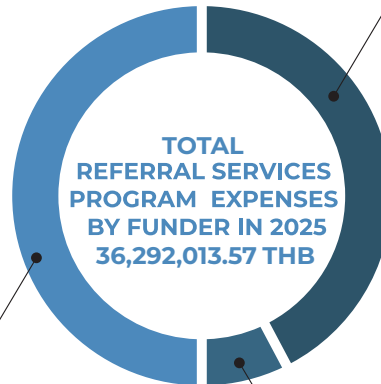
3,006,373.21 THB
(Administration)

2,051,913.75 THB
(Emergency Support)



4,304,969.57 THB
(Outreach Services Program)

18,362,978.97 THB
(Referral Services Program)



15,861,889.49 THB
(CDF*)

18,362,978.97 THB
(BCMF PAID)

2,067,145.11 THB
(NPO Gerater Mekong Center*)

* Paid directly to hospitals

